

Behavioral  
Health  
Workforce  
Development



# Serving our Hosts

Reaching and Engaging with  
Underserved Populations

# Housekeeping



**Join by Phone:** Click Join Audio, Phone Call tab, dial the desired phone number, and enter Meeting ID and Participant ID.

01



**Camera:** Please keep your camera on unless you have low bandwidth.

02



**Name:** Please change your name to your actual name.

03



**Live Captioning:** Click CC Live Transcript to show or hide captions.

04



**Chat:** Click the Chat icon to open the Chat panel.

05



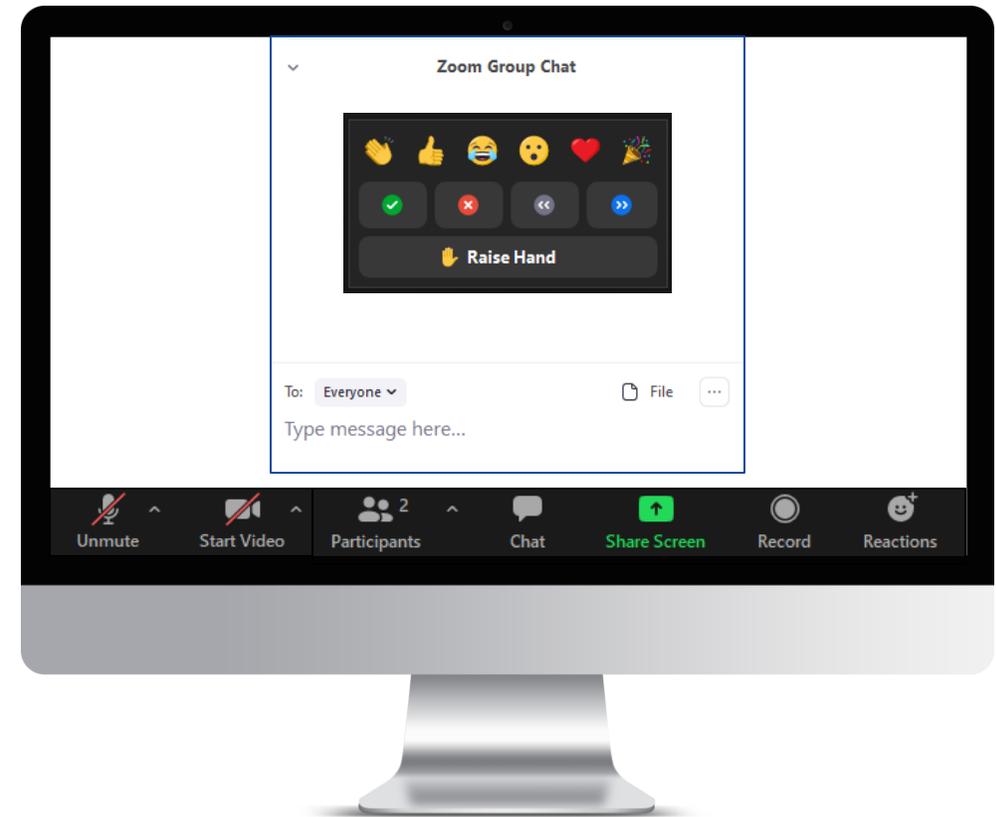
**Reactions:** Find them on the bottom toolbar.  
**Full-screen:** Double-click to toggle.

06



**Need help?** Type in the Chat box!

07



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# Serving our Hosts

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# Indigenous Land Acknowledgement

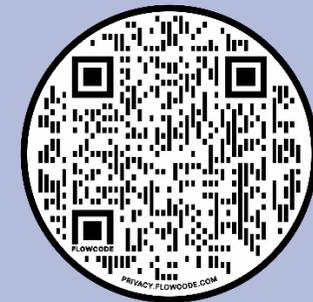
- We respectfully acknowledge that we live and work in territories where indigenous nations and tribal groups are traditional stewards of the land. Our California office resides in Tongva territory.
- Please join us in supporting efforts to affirm tribal sovereignty across what is now known as California and in displaying respect, honor, and gratitude for all indigenous people.

## Whose land are you on?

Option 1: Text your ZIP code to 1-907-312-5085

Option 2: Enter your location at <https://native-land.ca>

Option 3: Access Native Land website via QR Code



# Advocates for Human Potential, Inc. (AHP) MIP Team



Kathleen West  
Project Director



Tammy Bernstein  
Project Manager



Kate Cox  
Operations Manager



Allen Fowler  
TTA Provider



Susan Lange  
TTA Provider



Vic Walker  
Operations Specialist



Tiffany Malone  
Grantee Coach



Cklara Moradian  
Grantee Coach



Caitlin Storm  
Quality Assurance



Christian Citlali  
Grantee Coach

# Erik James Escareño, LCSW, DSW (2-Spirit)

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- *Pronouns: (they/he/she)*
- **Chief Executive Officer—Wombat Mental Health Services, an LCSW Professional Corporation**
- **Chief Executive Officer—Wombat Innovations, LLC**
- Dr. Erik James Escareño, LCSW, DSW identifies as a two-spirited, indigenous (Yavapai Apache and Chiricahua Apache), Los Angeleno fueled by social justice and perpetuating meaningful change. Having expertise in the field of mental health, Dr. Escareño specializes in interventions for LGBTQIA2S+ and Deaf folx, HIV advocacy, BDSM advocacy/education, and non-profit program development. This unique and diverse background fuels their passion and advocacy for further research in the mental health and social work fields through a strong social justice lens.
- Dr. Escareño has skillsets already aimed at creating purposeful social change and positive disruption of injustice for underserved and under-recognized communities. As a grassroots social impact leader, they embrace strategy and collaboration as the impetus for designing meaningful change.
- With over 15 years of behavioral health experience. Escareño has worked in a professional capacity within varying sectors of the mental health field ranging from individuals, community-based organizations, private entities, academic institutions, and government entities.
- [www.wombatMHS.com](http://www.wombatMHS.com)
- @wombatmhs



# Learning Objectives

**After attending this webinar, participants will be able to**

1. Discuss the historical trauma associated with treatment in this country, particularly among Native Americans/Indigenous People.
2. Describe best practices for engaging underserved populations in treatment services.
3. Identify culturally responsive treatment modalities.

## Story-Telling— an Act of Remembering



*“We did not ask you white men to come here. The Great Spirit gave us this country as a home. You had yours. We did not interfere with you. The Great Spirit gave us plenty of land to live on, and buffalo, deer, antelope and other game. But you have come here; you are taking my land from me; you are killing off our game, so it is hard for us to live.*

*Now, you tell us to work for a living, but the Great Spirit did not make us to work, but to live by hunting. You white men can work if you want to.*

*We do not interfere with you, and again you say, why do you not become civilized? We do not want your civilization! We would live as our fathers did, and their fathers before them.”*

-Crazy Horse, Oglala Sioux

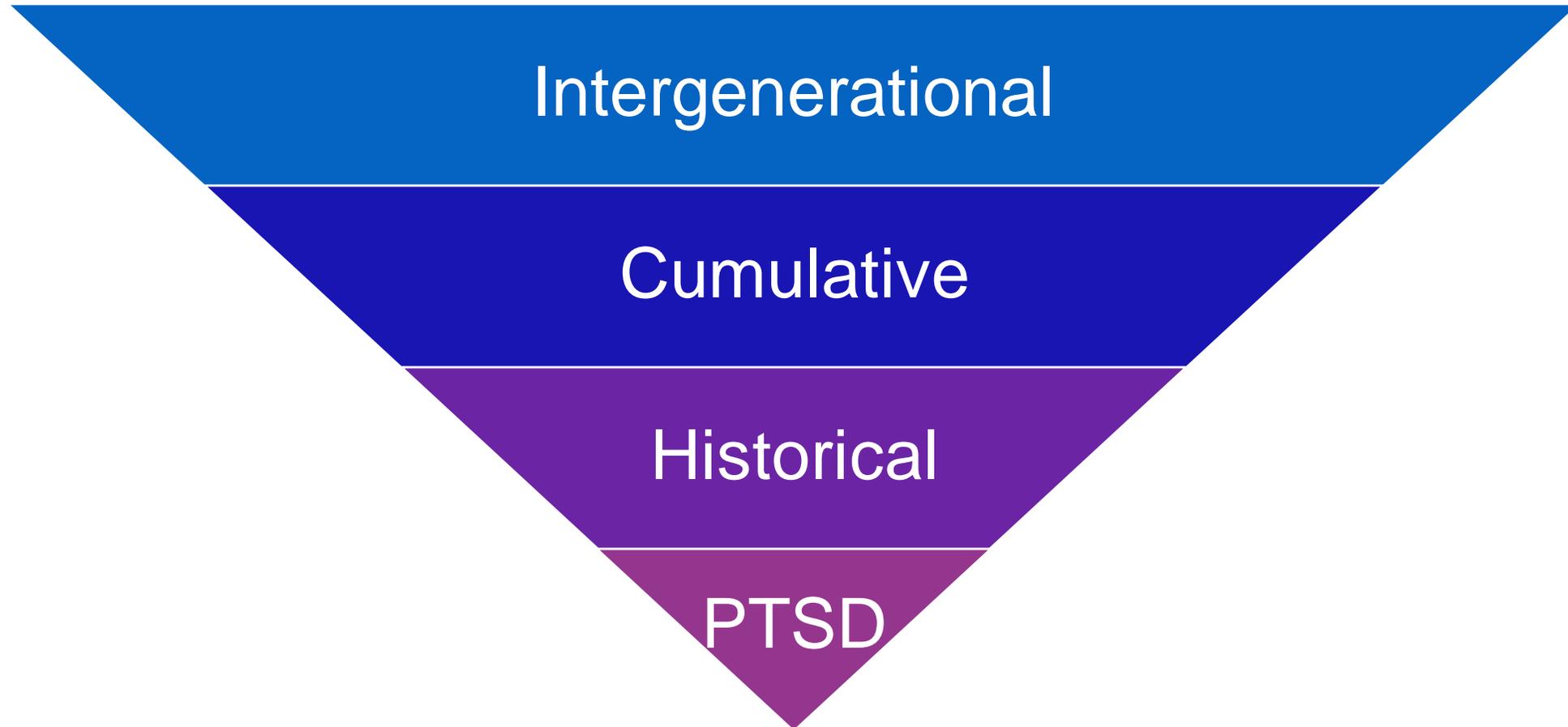
# Reindigenizing Mental Health Services

- What does **reindigenizing** mean? Why is it important?
- What is **colonization**?
- What is **Eurocentric**?
- Eurocentric versus “scientific”
- Eurocentric mental health care
- Eurocentric impact on underserved communities
- Decolonizing mental health
- Reindigenizing mental health

# What is Historical Trauma?

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Historical Trauma is a collective phenomenon shared by members of an identifiable group.



# Historical Trauma and Access to Mental Health

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# Colonization

- **What is colonization?**

- Colonization refers to the process of a population that migrates and occupies a foreign land and dispossesses the indigenous inhabitants and/or institutes legal, fiscal, and other systemic mechanisms that benefit and favor the occupying migrants while suppressing the indigenous population.

- **What is Eurocentric?**

- Eurocentric means having a biased view that favors Western European views and approaches over non-Western European views.

# Medicine

Sundance

Sweat Lodge

Medicine Bags

Tobacco, Sweetgrass, Sage, etc.

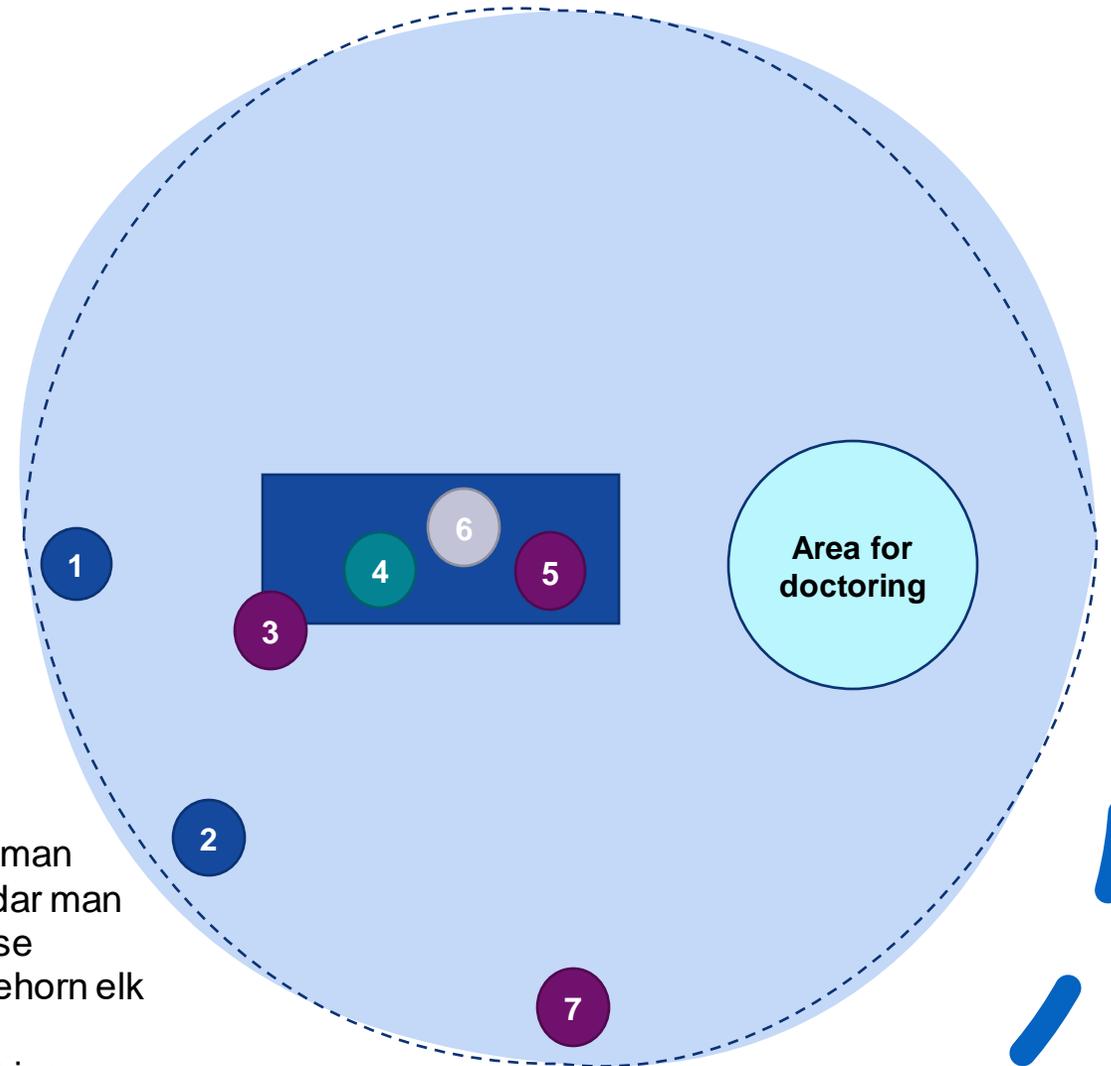
Ceremony

Story-Telling

Medicine Wheel

## Prayer Circle for the Monthly Prayer Ceremony

# Ceremony



1. Place for the medicine man
2. Place for the sweet cedar man
3. Hot coals for the incense
4. "Mountain" for the spikehorn elk
5. Otter
6. Area for the medicine things
7. Prayer circle for the Sun Dance members

# Medicine Wheel

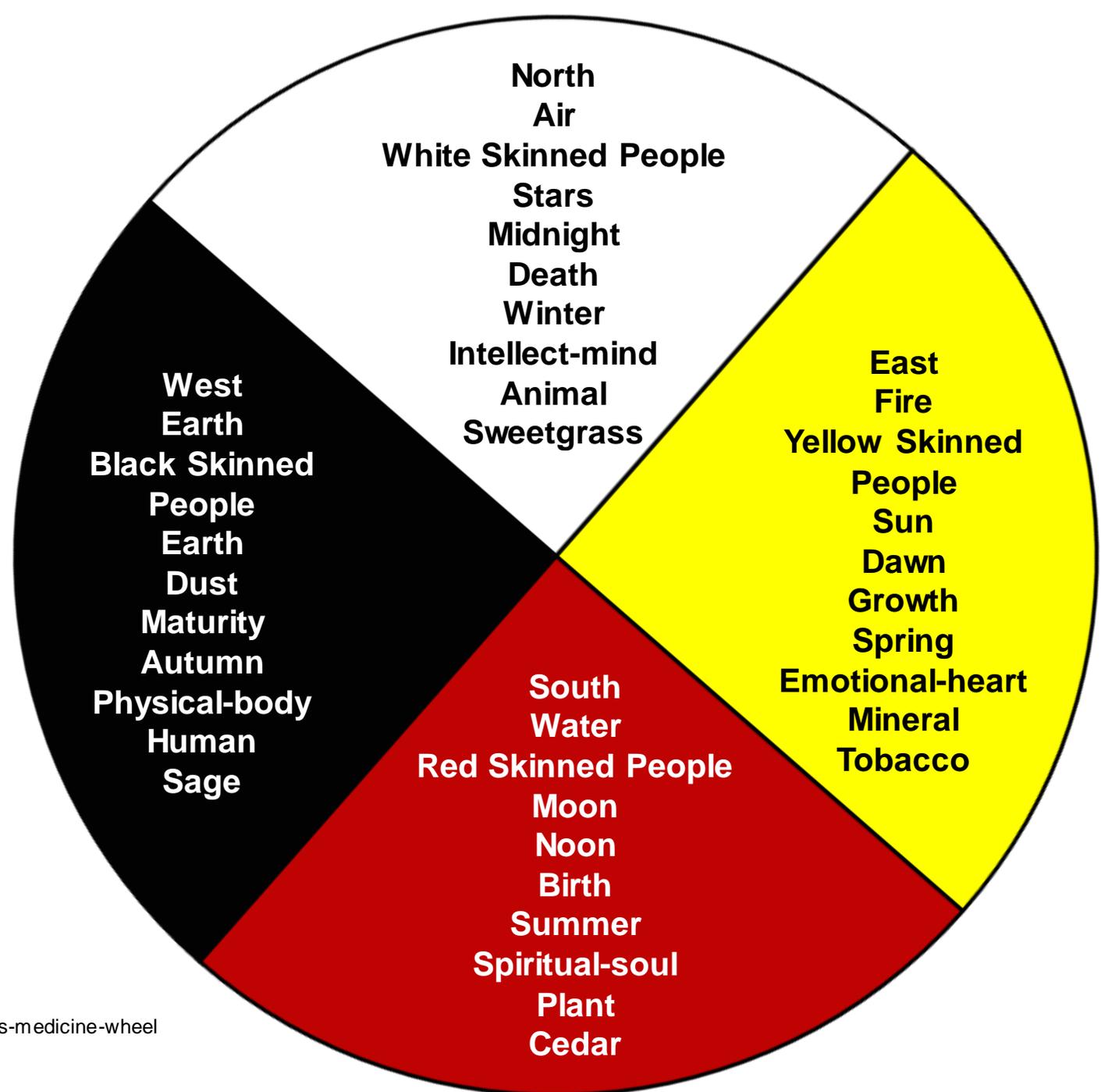
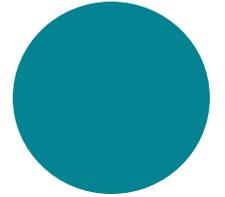


Image adapted from <https://www.ictinc.ca/blog/what-is-an-indigenous-medicine-wheel>

# Sweat Lodge

- Offering
- Prayer
- Represents rebirth/womb



# Sundance

- Healing
- Abundance
- Offering
- Dancing
- Hooks
- July



# Q & A

# Save the Dates!

The Learning Collaboratives will be 2-hour regional interactive sessions from 10:00 a.m. to 12:00 p.m. and 1:00 pm to 3:00 p.m.

An email with registration links has been sent. If you have any questions, please contact your Grantee Coach or the general MIP inbox: [ca\\_mip@ahpnet.com](mailto:ca_mip@ahpnet.com).

**Next Webinar:** Rebuilding Behavioral Health: Addressing Structural Racism within Behavioral Healthcare

December 6, 2022 from 12:00 p.m. to 1:00 p.m.

**Learning Collaborative dates:** December 14 & 15

# References

Brave Heart, M. Y. H. (2003). The historical trauma response among natives and its relationship with substance abuse: A Lakota illustration. *Journal of Psychoactive Drugs: Morning Star Rising: Healing in Native American Communities*, 35(1), 7–13. <https://doi.org/10.1080/02791072.2003.10399988>

Gone, J. P. (2013). Redressing First Nations historical trauma: Theorizing mechanisms for indigenous culture as mental health treatment. *Transcultural Psychiatry*, 50(5), 683–706. <https://doi.org/10.1177/1363461513487669>

Wombat Mental Health Services PC. (2022). *Reindigenizing mental health services*.  
<https://wombatmhs.com/reindigenizing-mental-health-services/>

Yellowtail, T. (1991). *Yellowtail, crow medicine man and sun dance chief: An autobiography* (1st ed.). University of Oklahoma Press.