

MENTORSHIP

STATEMENT OF ETIQUETTE, ETHICS, AND ACCOUNTABILITY



Mentorship is a proven strategy that helps young adults, emerging practitioners, and seasoned professionals achieve their potential. It is a relationship founded on trust, openness, professionalism, and a mutual desire to learn. Through a series of conversations and shared experiences, mentorship channels interest and curiosity toward goal setting, career exploration, and personal as well as professional growth.

- Based on shared interests
- Involves goal setting
- Opportunity to grow

Most often, mentorship is understood as a confidential, professional relationship. It is not a supervisory relationship. It is based on mutual exploration around common interests, often professional development along a particular career path. As questions come up, reflection occurs, and conversations develop, there is a learning curve for both the mentor and the mentee. It is a partnership of sorts that, at its best, requires openness, honesty, respect,

and empathy. Like any effective partnership, there is mutual accountability for respecting and honoring what is shared.

- Confidential and professional
- Not supervisory
- Requires honesty, respect, and accountability

Mentorship within the context of a behavioral health setting adds another layer of expectation around confidentiality and accountability. Client or patient privacy is paramount. As you explore and discuss a career in the behavioral health field, this is an opportunity to understand and implement best practices around respecting boundaries, sensitive information, and the laws and regulations protecting patient privacy.

- Understand your position and role and their boundaries
- Know that client or patient privacy is paramount
- Engage in best practices

